

District 1199C Training & Upgrading Fund

2018 -19 Programs & Services For Eligible Members



SECURE YOUR FUTURE WITH EDUCATION

www.1199ctraining.org

DISTRICT 1199C
**Training &
Upgrading
Fund**



SUCCESS STORY



Janice Jackson-Munn, Temple University Hospital

It has been a 14-year career journey; but Janice Jackson-Munn has never wavered from her dream to become a nurse, “Back home, before I came to this country, I worked for a doctor and I was taking courses.” At 20, Jackson-Munn came to the United States from Jamaica and began her career pathway journey, first, as a companion and then as a nursing assistant.

Not content to stop her education, she went to school to become a practical nurse. Upon graduation she was hired by Temple University Health System and joined District 1199C. “Temple was hiring LPN’s and I went to work there. I worked for five years and then I applied and got the scholarship in 2011.”

Jackson-Munn used the James T. Ryan Full-Time Scholarship to attend Gwynedd Mercy University and was awarded her Associate Degree in Nursing in 2013 and her BSN in 2014. “The full-time scholarship was really a big help and the health benefits were too. I was determined to become a registered

nurse and I used each of the jobs as a stepping stone to the next level,” said Jackson-Munn. “I remember the days I was up to two and three o’clock in the morning and reading every book I could get my hands on.”

As it turned out, Jackson-Munn’s timing for becoming a nurse was just right. “I was one of the lucky ones because Temple no longer uses LPN’s on the floors of the hospital.” She reapplied for a RN position and was accepted into Temple’s New to Practice program – a mentoring program for newly-graduated nurses. “I am now working on the same floor where I started, with cardiac patients,” Jackson-Munn said.

In the process, her salary has gone from \$10 per hour as a companion to \$44 per hour as an experienced registered nurse. “I tell everybody, follow your dreams, and stay committed. There will be sacrifices a lot of sacrifice. It was a financial sacrifice for me going to school but it was worth it.”

Cover: John Lasky, a District 1199C Training & Upgrading Trustee and the Chief Human Resources officer for Temple University Health System, stands with two long-time employees - Kathy Ann Ventour (left) and Janice Jackson-Munn. Both received nursing degrees with Training Fund scholarship support. In addition, pictured are two youth from the Temple Cares program - Earl Carter and Vianca Orozco. The Temple Cares program offers Nurse Aide, Behavioral Health and Medical Office training to recent high school graduates who may be offered a position within Temple University Health System upon completion of the program.

NEW PROGRAMS FOR 2018-2019

- **SPD Technician (Supply, Processing & Distribution)** This is an intensive program designed to prepare District 1199C members to attain the CRCST certification (Certified Registered Central Service Technician) through IAHCSSM (International Association of Healthcare Central Service Material Management). The program includes instruction and a 400 hour clinical internship at a partnering hospital.
- **Science and Math Practical Nursing Prep** In lieu of taking the TEAS® (Test of Essential Academic Skills) science and math portions, students may opt to take this class which is offered at select times throughout the year. Students must achieve a grade of 80% in each class and attend all classes in order to get credit for the math and science portions of the TEAS®. Student must still take the reading and English portion of the TEAS® and attain a proficient score.
- **Integrated Education & Training (IET) ESL Home Health Aide Program** The IET ESL Home Health Aide (HHA) Certificate Program provides ESL students with the opportunity to earn a credential while learning civics and improving their English, reading, and writing skills. Students will be supported in obtaining employment as a Home Health Aide, and supported in planning their next career pathway move.
- **Temple Cares** In partnership with Temple University and Temple University Health System, the Training Fund will be offering Nurse Aide, Behavioral Health and Medical Office Training to recent High School grads who are coming out of Career and Technical Education Healthcare Programs. Students will be trained and then if they qualify, they will have the opportunity to transition into employment within Temple Health System.

UPCOMING APPRENTICESHIPS

COMING SOON Registered Apprenticeship Programs
Addictions Counselor and Medical Assistant.

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OUR MISSION

The District 1199C Training & Upgrading Fund is a Labor Management Partnership dedicated to addressing the education and training needs for both healthcare and human services workers and Delaware Valley employers.

MESSAGE FROM THE PRESIDENT AND EXECUTIVE DIRECTOR



SECURE YOUR FUTURE WITH EDUCATION

Why did we negotiate the creation of the District 1199C Training & Upgrading Fund? We wanted our members to have the best tools to secure their careers. A strong education is part of the union's agenda to advance the careers of District 1199C members.

Education is transformational. It allows our members to say yes – yes to stepping into new career opportunities, yes to learning advanced technology, and yes to developing new skill sets. As your union, we have spent the past four decades creating programs to help members turn challenges into career opportunities.

- Do you think you are truly ready for the emerging career opportunities ahead?
- Are you keeping your skills updated?
- Do you know the future skill needs of healthcare employers?
- Are your certifications up-to-date?
- What new credentials do you need to secure your future?

Do not miss your chance. We have the expertise to take your career to the next level. And we are here with morning, afternoon, evening and weekend programs. Stop in or call 215-568-2220.

Henry Nicholas, President

Cheryl Feldman Executive Director

MEMBER SERVICES

MEMBER SERVICES

The Training Fund Benefits

→ If your employer contributes to the Training Fund, you are eligible to use tuition assistance to attend educational programs at:

- Breslin Learning Center
- Eligible colleges and universities
- Eligible technical schools

Benefits are prorated for part-time employees. Please refer to the Training Fund Summary of Benefits or the website at www.1199ctraining.org/1199c-member-benefits for more information.

→ **Breslin Learning Center Programs**
Eligible healthcare workers may take advantage of continuing education programs offered at the Breslin Learning Center. There is a flexible schedule of professional development, basic education, college preparatory, and career pathway programs. Other technical, computer and collegiate classes are available to members covered by the Training Fund benefit and to others on a tuition basis.

Hours of Operation

Mondays – Thursdays	8 AM – 8 PM
Fridays	8 AM – 5 PM
Saturdays	9 AM – 3 PM

→ **TUITION ASSISTANCE** Workers covered by the Training Fund benefit are entitled to tuition assistance after six months of employment. Full-time members may receive up to \$5,000 per year for approved college and vocational courses, workshops, and seminars. The benefit is pro-rated for part-time workers. Members must apply at least three weeks before the start of class.

[Applications are available at www.1199ctraining.org/docs/tuition_reimbursement.pdf](http://www.1199ctraining.org/docs/tuition_reimbursement.pdf)

→ **JAMES T. RYAN SCHOLARSHIP & STIPEND PROGRAMS** Workers covered by the Training Fund are eligible for this benefit after one year of full-time employment. The benefit includes a book and uniform allowance, continued health and pension benefits for eligible members, a cost-of-living stipend and tuition up to \$10,000 per year of study in fields related to healthcare. The Training Fund supports study for up to two years. Workers interested in applying must apply prior to March 1st of the academic year in which the scholarship would begin and must attend a mandatory information session.

[Applications are available at www.1199ctraining.org/scholarship](http://www.1199ctraining.org/scholarship)



James T. Ryan Full-Time Scholarship students, Rilq Palmer (left) and Shawn Parker (center) join Community College of Philadelphia President Dr. Donald Generals. Palmer and Parker, who are employees of Merakey, took advantage of the full-time scholarship program to enroll in college. Both are honor students and both plan to pursue Bachelor's Degrees after completing their Associate's Degrees.

CAREER SERVICES

→ **Career Coaching** District 1199C members are eligible for one-on-one appointments with a Career Coach to discuss a variety of healthcare career paths and the necessary educational and certification requirements.

→ **Job Placement Assistance Services** Individualized help for members who are seeking job advancement or who have suffered a job loss with support in resume preparation, interview coaching, online job search resources, and employment referrals.

→ **High School Equivalency (HSE) Testing Center** Members interested in obtaining a high school equivalency diploma – either the GED® or the HiSET® – can test at our Testing Center. For more information go to www.1199ctraining.org/testing

→ **myPlace Assessment Center** myPlace is an Office of Adult Education (OAE) funded one-stop for adults who need education and career preparation services. Students can enroll in high school equivalency (GED® or HiSET®) or English as a Second Language (ESL) classes in their neighborhoods, at the Breslin Learning Center, or online. They also receive personal support from a learning coach and tutor as well as gain basic computer skills. For more information go to www.1199ctraining.org/get-started

→ **Financial Opportunity Center** For members who need income support assistance, financial education counseling, tax preparation, access to public benefits or career coaching, the Training Fund's Financial Opportunity Center is now available. For more information, see page 24.

→ **Career Exploration Program** If you are uncertain about your next career move, myPATH workshops will help you explore the variety of high demand careers, including employment in the growing healthcare industry, and provide you with information on how the Training Fund can assist you. For the most updated list of classes and to register for a workshop, please go to www.1199ctraining.org

Career Planning Workshops

- Developing a Career and Educational Plan
- Resume Writing and Interviewing Techniques
- Building a Professional Network

Personal & Professional Development

- Effective Communications & Leadership Essentials
- Business Writing
- Financial Planning

CPR, First Aid Certification

CPR, First Aid and AED certification classes are available throughout the year. Contact Jim Keller at jkeller@1199ctraining.org for information about the schedule or to register for a class.

Computer Classes

These classes are for District 1199C members and retirees who want to enhance their digital literacy skills and technical proficiency with computers.



COLLEGE AND CAREER READINESS

Foundation Programs

- **Foundation Courses** Students receive a rigorous basic skills review in reading, writing, and mathematics designed to help prepare them for post-secondary education or job opportunities.
- **Fast-Track High School Equivalency (HSE) Diploma** Students are provided the foundational knowledge to refresh high school academics and to pass the GED® or the HiSET®. The Fast-Track High School Equivalency (HSE) Diploma class is an intensive and accelerated program.
- **Tutoring** This small-group class offers instruction for individuals who desire a semi-private setting to improve their reading levels. For immigrant students looking to improve their spoken English skills, we also offer individualized conversational coaching.
- **English as a Second Language (ESL) or English Language Civic (EL/Civics)** These programs are designed for immigrants who lack English proficiency and want to improve their reading, writing, and speaking skills in preparation for employment, for health occupation training programs, or for taking the citizenship examination.
- **NEW Integrated Education & Training (IET) ESL Home Health Aide Program** The IET ESL Home Health Aide (HHA) Certificate Program provides ESL students with the opportunity to earn a credential while learning civics and improving their English, reading, and writing skills as well as their mathematics skills. Students will be supported in obtaining employment as a Home Health Aide, and supported in planning their next career pathway move.

COLLEGE AND CAREER READINESS PROGRAMS

Pre-College Preparation Programs

- **Bridge Programs** For highly motivated students this 48 hour intensive course provides the necessary academic foundation in mathematics, reading, writing, and science to successfully enter college and pursue a healthcare career.
- **Pre College Writing/Pre-College Algebra** These classes provide college level writing and algebra instruction to help students upgrade their skills and prepare for college-level study. For more information on our Collegiate Relationships, see page 26.
- **Pre-Allied Health/Pre-Nursing** These part-time classes in English, mathematics, and science help students upgrade their skills and gain the proficiency necessary to succeed in nursing, allied health technical training, and college degree programs.
- **NEW Science and Math Practical Nursing Prep** In lieu of taking the TEAS® (Test of Essential Academic Skills) science and math portions, students may opt to take this class which is offered at select times throughout the year. Students must achieve a grade of 80% in each class and attend all classes in order to get credit for the math and science portions of the TEAS®. Student must still take the reading and English portion of the TEAS® and attain a proficient score.



APPRENTICESHIP ADVANTAGE

→ The Training Fund is a national trailblazer in the creation of Registered Apprenticeship programs in the healthcare and human services sector. All of our current Apprenticeships are the first of their kind in the Philadelphia region.

REGISTERED APPRENTICESHIP PROGRAMS	DESCRIPTION
Community Health Worker	Community Health Workers (CHWs) serve as a bridge between high-risk, high-cost patients and their health care providers with the goal of improving health outcomes.
Early Childhood Education	This program integrates the Early Childhood Education (ECE) Associate's Degree at Community College of Philadelphia (CCP) with on the job learning.
Direct Services Professional (Youth)	This program includes a pre-apprenticeship and an apprenticeship component. The pre-apprenticeship requires 12 weeks training. Upon completion, qualified graduates will be hired as apprentices in a one-year Direct Support Professional apprenticeship program resulting in 24 college credits from Thomas Jefferson University.
Nurse Aide and Advanced Home Health Care Aide	The Training Fund is pioneering new training models to build the skills of the frontline direct care workers who help thousands of Philadelphians live independently in their homes.

UPCOMING APPRENTICESHIPS

COMING SOON Registered Apprenticeship Programs
Addictions Counselor and Medical Assistant.



CAREER PATHWAY

Nursing Programs

→ **Health Technology & Training Institute (HTTI) Practical Nursing Program**

The Practical Nursing Program is designed for working adults. It is a 22-month post-secondary program offering part-time evening and weekend classes that prepare graduates to sit for the National Council Licensure Examination for Practical Nursing (NCLEX-PN).

→ **NEW Science and Math Practical Nursing Prep**

In lieu of taking the TEAS® (Test of Essential Academic Skills) science and math portions, students may opt to take this class which is offered at select times throughout the year. Students must achieve a grade of 80% in each class and attend all classes in order to get credit for the math and science portions of the TEAS®. Student must still take the reading and English portion of the TEAS® and attain a proficient score.

→ **Health Technology & Training Institute (HTTI) Nurse Aide Program**

Nurse Aides provide basic patient care under the direction of the nursing

staff. This 152-hour AM or PM training program provides classroom instruction, laboratory experience, clinical training, and CPR certification. Nurse Aide graduates are eligible to take the American Red Cross state competency examination and to be placed on the Pennsylvania Nurse Aide Registry.

→ **Accelerated Nurse Aide Program**

The Training Fund has developed a short term Nurse Aide program specifically designed for District 1199C members. Please register at www.1199crain-ing.org/practical-nursing

→ **NEW Integrated Education & Training (IET) ESL Home Health Aide Program**

The IET ESL Home Health Aide (HHA) Certificate Program provides ESL students with the opportunity to earn a credential while improving their English, reading, and writing as well as their mathematics skills. Students will be supported in obtaining employment as a Home Health Aide, and supported in planning their next career pathway move.

Nursing Programs

→ **Young Adult Nurse Aide Training Program**

This full-time program provides academic enrichment along with Nurse Aide training for 18 to 24 year old students who have a high school or equivalency diploma. See page 30 for more information.

→ **Home Health Aide Program**

Home Health Aides provide routine individualized care at the patient's home or in a care facility. This is an 88-hour part-time certificate program that prepares graduates for employment in the growing home care industry.

UPCOMING

The next Practical Nursing classes begin

November 2019
June 2020

Admission Requirements

- High School or High School Equivalency Diploma
- Proficient score on the Test of Essential Academic Skills (TEAS®)
- References
- Official High School Transcript
- CPR Certification
- Background Clearances
- Satisfactory Interview
- Medical Clearance



Tonya Ellison (right) worked as a \$30,000 a year housekeeper at Temple University Hospital for nine years before returning to school. She graduated from the Practical Nursing Program and currently works at St. Mary's Manor as a Nursing Supervisor in the Skilled Nursing Unit, the only LPN who is a supervisor. She also works for GHR (General Healthcare Resources). One reward is an income that is 4X greater than her former housekeeper's paycheck. Still, Ellison makes time to tutor practical nursing students.

Behavioral Health and Human Services Programs

→ **Behavioral Health Technician Program** This 8-month, part-time certificate program prepares current healthcare workers to work in behavioral health fields including mental health, developmental and intellectual disabilities and drug and alcohol. Completion of this program also qualifies students to enter the Associate's Degree in Health and

Human Services at Thomas Jefferson (formerly Philadelphia) University and / or obtain college credits, which serve as an industry recognized credential. The Thomas Jefferson University Associate's Degree articulates with a B.S. Degree in Behavioral Health and a M.S. Degree in Community and Trauma Counseling.



Brittany Fowler (right) successfully completed the Training Fund's Direct Support Professional Registered Apprenticeship Program and was hired as a full-time ICM Recovery Specialist at Philadelphia Mental Health Care Corporation (PMHCC), the site of her apprenticeship. Danielle Wallace (left) is a member of the newest class of apprentices and is now employed as an apprentice at PMHCC. Both are supervised by Shanay Durham, Recovery Specialist and Apprentice Supervisor.

Direct Support Professional (DSP) Pre-Apprenticeship & Apprenticeship Program

→ **The Behavioral Health and Intellectual Disability Pre-Apprenticeship Program** is geared towards 18 to 24 year old young adults who are interested in pursuing a career in the behavioral health field. It includes academic, professional skills, behavioral health courses, and professional portfolio development. Pre-apprentices are eligible to move into a year-long apprenticeship which includes a full-time job and related coursework resulting in 24 college credits.

CONGRATULATIONS

Since 2004, 127 District 1199C members have graduated from Jefferson University including 102 Associate's Degree students, 2 transfer students, 22 Bachelor's Degree students, and three students with a M.S. Degree in Community and Trauma Counseling

Allied Health Programs

→ **Laboratory Animal Technician Program**

This 14-hour training and certification program is conducted for employees who work with laboratory animals. Participants qualify for the American Association of Laboratory Animal Science (AALAS) Certification. This course prepares students for testing on two levels of certification:

- ALAT (Assistant Laboratory Animal Technician)
- LAT (Lab Animal Technician)

→ **Radiology Board Review Courses**

These review courses can be arranged for technologists who are planning to take an advanced certification examination in the following areas:

- Mammography
- Computer Tomography
- Vascular Technology
- Ultrasound

Allied Health Programs

→ **Pharmacy Technician Program*** This part-time course prepares students to assist the pharmacist in filling prescriptions in a variety of settings including hospital, community, home infusion, and mail order pharmacies. This 4-month course includes 54 hours of classroom instruction, 200 hours of clinical experience, and prepares students for the pharmacy technician certification examination.

→ **Telemetry Technician Program*** This 3-month course includes 60 hours of classroom instruction and 24 hours of clinical experience, providing students with basic theory and knowledge of cardiac rhythms. Students develop the

skills necessary to analyze and interpret normal and abnormal cardiac rhythms in a clinical telemetry setting.

→ **NEW SPD Technician (Supply, Processing & Distribution)** This is an intensive program designed to prepare students to attain the CRCST certification (Certified Registered Central Service Technician) through IAHCSSM (International Association of Healthcare Central Service Material Management). The program includes instruction and a 400 hour clinical internship at a partnering hospital. Two instructional programs are being developed - one for incumbent workers and another for workers new to this career area.

** Note: These courses require a 48-hour academic refresher component.*



Heather Lane took advantage of the tuition reimbursement benefit to earn a Bachelor's Degree from St. Joseph's University in Managing Human Capital. Lane also played an integral part in establishing an Animal Care Technician certification class at the Training Fund. A union delegate, she works as a senior Animal Care Technician at Thomas Jefferson University.

Health Information Programs

- **Electronic Health Records Certificate Program (EHRC)** This part-time, 40-week program provides instruction on the electronic health record, strong computer proficiency, and a credential – the Digital Patient Record Certification. It also includes up to seven computer certifications as part of the International Computer Driver's License program. EHRC is helpful for those in record-oriented positions such as Unit Clerks. It can also help workers move into the health information field and prepare for higher level Health Information education and jobs such as Coding.

COURSES INCLUDE

- Communications and Customer Service
- Introduction to Medical Terminology
- Introduction to Health information/Informatics
- International Computer Driving License (ICDL)
- Medical Insurance – Basics of Plans, Claims and Reimbursement
- Business writing

Community Health Programs

→ Community Health Worker Program

This 150-hour program prepares students to work as community-based healthcare workers providing services and support to enhance the physical health of patients suffering from chronic illness. Once trained, they motivate clients to engage in activities that will promote their physical well-being. Graduates are employed in physician practices, health systems and community-based health centers.

- **Nursing Programs** Nurses at all levels, including Home Health Aide and Practical Nurses, will be called upon to work with home-bound patients to help them from becoming so sick they must be readmitted to the hospital. For more information, see page 14.

→ Electronic Health Records Certificate Program (EHRC)

This part-time, 40-week program provides instruction on the electronic health record, strong computer proficiency and a credential – Digital Patient Record Certification. It also includes up to seven computer certifications as part of the International Driver's License program. EHRC is helpful for those in record-oriented positions such as Unit Clerks. It can also help workers move into the health information field and prepare for higher level Health Information education and jobs such as Coding.



After more than two decades at Thomas Jefferson Hospital, Thomasine Duckette knew she had to improve her computer technology skills. "That's why I completed the Training Fund's Electronic Health Record Certificate program. Now I have the certificate to prove my skills."



The James T. Rayan Full-time scholarship allowed Cheryl Bazemore to complete a dream she started at 18 years old – graduating from college. She recently received her bachelor's degree from Montclair State University. "This scholarship was a wonderful opportunity. It allowed me to attend school full time by taking an educational leave from work. I received a bi-weekly stipend and health benefits through the scholarship, which was great," said Bazemore, the Mistress of Ceremony at the 2018 Graduation and Recognition ceremony.

Early Childhood Education Programs

- **Child Development Associate** This part-time program is available to working childcare providers. They can enroll in this 120-hour program that prepares graduates to apply for the Child Development Associate (CDA) certification. Bilingual CDA classes for Spanish speakers are offered in North Philadelphia.
- **Family Child Care Provider Professional Development** This program is for Family Child Care providers. Students are eligible to participate in a comprehensive series of workshops which will help develop their professional capabilities.
- **Family Child Care Quality Pre-K Hub** Working with PHL Pre-K, the City of Philadelphia's quality pre-school initiative, the Training Fund has created a hub of Family Child Care (FCC) providers. Through the Training Fund, a growing number FCC providers receive professional development and technical assistance to support the delivery of quality early education services.
- **Collegiate Program Qualified Child Development Associate (CDA)** graduates may be eligible to receive nine credits upon matriculation to Community College of Philadelphia.
- **Early Childhood Education Associate's Degree Apprenticeship Program** The Early Childhood Education Registered Apprenticeship Program is designed for professionals already working with young children who wish to pursue formal studies and earn an accelerated Associate's Degree in Early Childhood Education (ECE) from Community College of Philadelphia or Delaware County Community College. ECE Apprentices are awarded credit for prior learning through attainment of the Child Development Associate (CDA) credential as well as on-the-job learning. An important program component is the on-site coaching provided by experienced, degreed teachers who ensure that apprentices achieve mastery of on the job learning competencies associated with quality industry standards.



Suzann Morris (center), Deputy Secretary of PA's Office of Child Development & Early Learning (OCDEL) stands with the first five graduates of the Training Fund's Early Childhood Education Apprenticeship Program which resulted in an Associate's Degree from Community College of Philadelphia. From left to right are JoDonna Fields, Ming Mei Chiu, Corinne Bale, and Briana Gonsiewski. Not pictured is Meghan McGovern.

Safety Programs

- **Health Workers Working Healthy (HWWH)*** / Patient safety begins with worker safety. HWWH, an OSHA-funded occupational safety and training initiative, is especially geared to frontline healthcare workers and supervisors. Through a series of occupational safety leadership training programs, healthcare workers will learn to protect themselves from biological, physical and chemical hazards on the job. Trainees learn about OSHA rights and how to advocate for a safer work environment in all aspects of healthcare. The program features a Train-the-Trainer component which includes supported Peer-Led training classes at the Breslin Learning Center.

Health Workers Working Healthy (HWWH) Workshops (most popular courses)

Infection Control and Bloodborne Pathogen Safety

Bloodborne Pathogen and Needle Stick Safety

Ergonomics

Chemical Safety and Hazard Communication

Workplace Violence Prevention

Safe Patient Lifting

Presentation Skills for Peer Trainers (Youth)

How To Use Your Safety Rights

Food Safety

- **ServSafe – National Restaurant Association** / This 17-hour course prepares students to properly receive, prepare, hold, and serve food following strict sanitation guidelines. It also prepares students to take the ServSafe examination from the National Restaurant Association which is a nationally recognized certification which is valid for five years.

**This program is funded by the U.S. Department of Labor (DOL) OSHA office under a Susan Harwood Training Grant.*



FINANCIAL SERVICES

→ **Bridges to Career Opportunities (BCO) Program** Funded by the Local Initiative Support Corporation (LISC), the Financial Opportunities Center (FOC) at the Training Fund employs a full-time employment coach and a full-time career coach to provide students in specific programs with one-on-one career, financial, and income supports coaching through the Bridges to Career Opportunities (BCO) program. BCO students receive occupational training, assistance with finding employment or career advancement as well as training on how to increase income, build or repair credit, and reduce debt. A variety of financial workshops are offered including credit, wealth, banking and insurance. Career workshops include resume and cover letter writing, continuing education, and mock interviews.

→ **Financial Education & Counseling** The Financial Fitness Program is a money management workshop series conducted in partnership with Citizens Bank and Fulton Bank. The series provides an introduction for students

in topics including: Budgeting; Credit & Debt; Life Insurance & Estate Planning; and Saving, Investing, Retirement & Taxes. On site individual and confidential financial counseling is available for members and students by appointment. Several financial planning conferences will be held throughout the year. Members can also organize a financial education workshop at the worksite.

→ **The Benefit Bank** In partnership with the Training Fund, the Benefit Bank helps to remove obstacles and bring people closer to stability and closer to self-sufficiency. The Benefit Bank is a web-based service that simplifies and centralizes the process of applying for many state and federal benefits for low- and moderate-income individuals and families. Through its eligibility screening tool, the Benefit Bank can ensure that people are fully aware of the benefits to which they are entitled and, as an expert system it helps maximize the benefits and tax refunds they can secure. The “one-stop-shop” concept of the Benefit Bank reduces the amount

of time needed to apply for benefits. The Benefit Bank is a free service for District 1199C students. The services offered for assistance include FASFA, Taxes, Home Rebate, LIHEAP, SNAP, Medical & Cash Assistance, Prescriptions and Voter’s Registration.

→ **Career Wardrobe** In partnership with the Training Fund, the Career Wardrobe’s goal is to help women and men who are transitioning back into the workforce gain confidence by providing them with professional dress attire. Appointments are made through the student’s Program Coordinator or Career Coach.

FINANCIAL SERVICES

→ **Volunteer Income Tax Assistance (VITA)** In partnership with District 1199C, VITA facilitates increased financial stability and asset accumulation for 1199C families & students by connecting them to valuable tax credits, quality financial services, savings options, wealth building resources and public benefits. Our tax site offers e-file & paper return (federal & state), direct deposit, FAFSA (Free Application for Federal Student Aid) and public benefits applications and access to fairly-priced financial products. This service allows families to maximize federal and state tax credits during each tax season, including the Earned Income Tax Credit (EITC).



COLLEGIATE RELATIONSHIPS

- **Community College of Philadelphia**
Qualified Child Development Associates (CDA) who graduate from the Training Fund program may be eligible to receive nine credits upon matriculation to Community College of Philadelphia.
- **Delaware County Community College and Community College of Philadelphia**
Delaware County Community College and Community College of Philadelphia have partnered with the Training Fund to offer an Early Childhood Education (ECE) Associate's Degree as part of a Registered Apprenticeship Program.
- **Peirce College**
Members and their families will receive a 25 percent discount on all Peirce College classes at every educational level.

- **Thomas Jefferson University (formerly Philadelphia University)**
Thomas Jefferson University offers the Behavioral Health Certificate and Associate degree in Health and Human Services. Graduates of the Jefferson University Associate's Degree program are eligible to apply for admission to the Jefferson University's Bachelor of Arts Degree in Behavioral Health.
- **Temple University**
The Training Fund collaborates with Temple University's Center for Social Policy and Community Development in offering the Community Health Worker program, which qualifies for three credits in the Bachelor's degree in Social Work program of Temple University.





PROGRAMS FOR UNEMPLOYED WORKERS

→ **Community Health Worker Training** This 150-hour program prepares students to work as community-based healthcare workers providing services and support to enhance the physical health of patients suffering from chronic illness. Health coaches undergo intensive training in a number of specialty areas, such as stress management, nutrition, relationship management and community resources. Once trained, they motivate clients to engage in activities that will promote their clients' physical well-being. Graduates are employed in physician practices and community-based health centers.

→ **Bridges to Career Opportunities (BCO) Program** Funded by the Local Initiative Support Corporation (LISC), the Financial Opportunities Center (FOC) at the Training Fund employs a full-time employment coach and a full-time career coach to provide students

in specific programs with one-on-one career, financial, and income supports coaching through the Bridges to Career Opportunities (BCO) program. BCO students receive occupational training, assistance with finding employment or career advancement as well as training on how to increase income, build or repair credit, and reduce debt. A variety of financial workshops are offered including credit, wealth, banking and insurance. Career workshops include resume and cover letter writing, continuing education, and mock interviews.

→ **NEW Integrated Educational & Training (IET) ESL Home Health Aide Program** See page 10 for more information

→ **Direct Support Professional (DSP) Pre-Apprenticeship & Apprenticeship Program** The Behavioral Health and Intellectual Disability Pre-Apprenticeship program is geared towards 18

to 24 year-old young adults who are interested in pursuing a career in the behavioral health field. It includes academic, professional skills, behavioral health courses, and professional portfolio development. Pre-apprentices are eligible to move into a year-long apprenticeship which includes a full-time job and related courses resulting in 24 college credits.

→ **Vocational Skills Training** Vocational training programs for unemployed and underemployed area residents are available based on grant funds. We offer Child Development Associate, Nurse Aide and Behavioral Health trainings for employed and low-income Philadelphians. There may be additional programs announced throughout the year. Please check our website frequently for up-to-date opportunities.

YOUTH & YOUNG ADULT PROGRAMS

In School Youth Programs

→ **Summer Health Career Exposure Program** Rising 8th grade students spend six weeks during the summer exploring the range of careers in healthcare and strengthening academic skills. Youth also work with Training Fund staff to assess options for high school. A highly interactive program, youth develop performances and presentations highlighting their learning.

→ **Summer Work Experience Program** Rising 12th graders spend 6 weeks working as paid interns at various worksites around the city. The Training Fund works with youth to place them in appropriate job placements and offer

support and professional development over the course of the 6 weeks. College tours and college information sessions are an integral component of this program

→ **STEAM Scholars Diversity in Healthcare Pipeline** The Training Fund, in partnership with Philadelphia Academies Inc., the School District of Philadelphia and the Community College of Philadelphia, is intensively supporting 75 Roxborough High School students over the course of five years to assist them in pursuing and succeeding in health-related post-secondary pathways. STEAM Scholars receive a variety

of career exposure and college preparatory activities in addition to continued academic coaching and sustained mentorship. STEAM Scholars is sponsored through a grant from the U.S. Office of Minority Health and the Department of Health and Human Services.

- **Nurse Aide Training Program** This full-time program provides academic enrichment along with Nurse Aide

training for 17 to 24 year olds with a High School or high school equivalency diploma. Students will experience a variety of learning opportunities, including classroom instruction, nursing skills laboratory experiences, academic enrichment, and a clinical experience in a long-term care facility. Students are also assisted in finding employment as Nurse Aides or Home Health Aides.

Out of School Youth

- **GED®-to-Health Careers Program** This intensive and highly successful full-time program is designed for students, 17 to 24 years old, who are preparing to take the high school equivalency test and need help with test-taking skills, study skills, and content matter. Students are supported in transitioning to college and obtaining employment.
- **Direct Support Professional (DSP) Pre-Apprenticeship & Apprenticeship Program** The Behavioral Health and Intellectual Disability Pre-Apprenticeship program is geared towards 18 to 24 year-old young adults who are interested in pursuing a career in the behavioral health field. It includes academic, professional skills, behav-

ioral health courses, and professional portfolio development. Pre-apprentices are eligible to move into a year-long apprenticeship which includes a full-time job and related courses resulting in 24 college credits.

- **NEW – Temple Cares** In partnership with Temple University and Temple University Health System, the Training Fund will be offering Nurse Aide, Behavioral Health and Medical Office Training to recent High School grads who are coming out of Career and Technical Education Healthcare Programs. Students will be trained and then if they qualify, they will have the opportunity to transition into employment within Temple Health System.



ABOUT US

Established in 1974, the District 1199C Training & Upgrading Fund's Thomas Breslin Learning Center is a one-stop resource for education and training, especially in healthcare. At the Center, we offer a comprehensive set of programs, services, and career development resources. We help students at all academic levels with career planning, college and post-secondary technical training preparation and basic skills overview.

Our modern 35,000 square foot facility is housed on three floors and includes over twenty classrooms, four computer labs, auditorium space and nursing laboratories. Conveniently located in Center City, Philadelphia, the Breslin Learning Center is easily accessible by public transportation. Working adults can choose among flexible part-time programs offered six days a week with morning, afternoon, and evening classes.



FIVE WAYS TO REACH US

Mail

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In Person

Monday – Thursday	8AM – 8PM
Friday	8AM – 5PM
Saturday	9AM – 3PM

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