

District 1199C Training & Upgrading Fund

2017-18 PROGRAMS & SERVICES FOR ELIGIBLE MEMBERS



THE APPRENTICESHIP ADVANTAGE



www.1199ctraining.org

DISTRICT 1199C
**Training &
Upgrading
Fund**



Success Story



Ms. Martrice Kennedy, who works at JFK Behavioral Health Center, has been a District 1199C member since 2011. With the help of tuition assistance and the James T. Ryan Scholarship & Stipend Program, Ms. Kennedy recently graduated from Temple University in the top fifteen percent of her graduating class with her Master of Social Work (M.S.W.) degree.

Yet, her beginnings were far from promising.

Ms. Kennedy was raised in South Philadelphia in a single parent household, did poorly in school and had to repeat the ninth and eleventh grade. As she attempted to

complete her education over the years, she faced many travails – she was laid off, lost her home, lost loved ones and was in a difficult marriage. In spite of these obstacles, she was determined to complete her education and to go to college. It took her eleven years, but she eventually earned her bachelor's degree from Chestnut Hill College. It was her life experiences that inspired her to pursue her M.S.W. degree.

Today, Ms. Kennedy is writing a new chapter in her story. Her favorite quote reminds us all to “Give up on your weaknesses, never your strengths. Give up on your enemies, never your friends. Give up on your nightmares, never your dreams.”

COVER Simpson House Executive Director Richard Coyle joins District 1199C member Stacy Faison who completed the HTTI Practical Nursing Program in 2015. Upon licensure, Ms. Faison moved from her nurse aide into a Licensed Practical Nurse position, doubled her salary, and now tutors for the Practical Nursing program.

The Apprenticeship Advantage for District 1199C Members

All of our apprenticeships, the first of their kind in Philadelphia, are driven by local employer partners and designed to fill job openings.

Medical Assistant

This school-based partnership enrolls graduates as apprentices in community health settings.

Community Health Worker

CHWs are trained to work with, care for, and support community residents in navigating the health care system.

Early Childhood Education Teacher

Supporting quality early childhood education, apprentices are obtaining their Associate's Degrees through on-the-job and classroom learning.

Direct Services Professional (DSP)

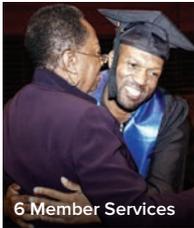
(Apprenticeship and Pre-Apprenticeship)

Our young adult DSPs learn to support and care for individuals coping with mental illness, intellectual disabilities, substance abuse, and other barriers.

Nurse Aide & Advanced Home Care

Creating a healthcare ladder for advanced home health aides to help people live independently in their homes and helping nurse aides obtain career pathway training and on-the-job learning in a hospital setting

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Career Pathway Programs

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OUR MISSION

The District 1199C Training & Upgrading Fund is a Labor Management Partnership dedicated to addressing the education and training needs of Delaware Valley healthcare and human services workers and employers.

Message from the President & Executive Director



Governor Tom Wolf and District 1199C President Henry Nicholas listen to students discuss the benefits of apprenticeships.

Apprenticeship – The Highway to the Future

How can we continue to move low-income Philadelphians into jobs that pay a middle-class wage without saddling them with enormous college debt? How can we help answer the skills shortage that is plaguing more and more employers? How can we help members successfully advance their careers?

The solution to these problems is apprenticeship, a form of job training that combines classroom instruction with on-the-job training. Experts are calling apprenticeship a game changer because this workforce model improves the skills of job seekers, creates a highly qualified pool of talent for employers, and helps workers climb a ca-

reer ladder. Unlike traditional job training, apprenticeships require on the job learning which provides students the ability to learn and to earn wages at the same time.

After years of planning and designing apprenticeship programs, the District 1199C Training & Upgrading Fund is stepping onto the highway to the future with new apprenticeship programs. Won't you join us?

Stop in, call **215-568-2220**, or go to **www.1199ctraining.org**. Ask how you can take advantage of our new apprenticeship programs.

Henry Nicholas
President

Cheryl Feldman
Executive Director



The Training Fund Benefits

If your employer contributes to the Training Fund, you are eligible to use tuition reimbursement or tuition subsidy to attend educational programs at:

- Breslin Learning Center
- Eligible colleges and universities
- Eligible technical schools

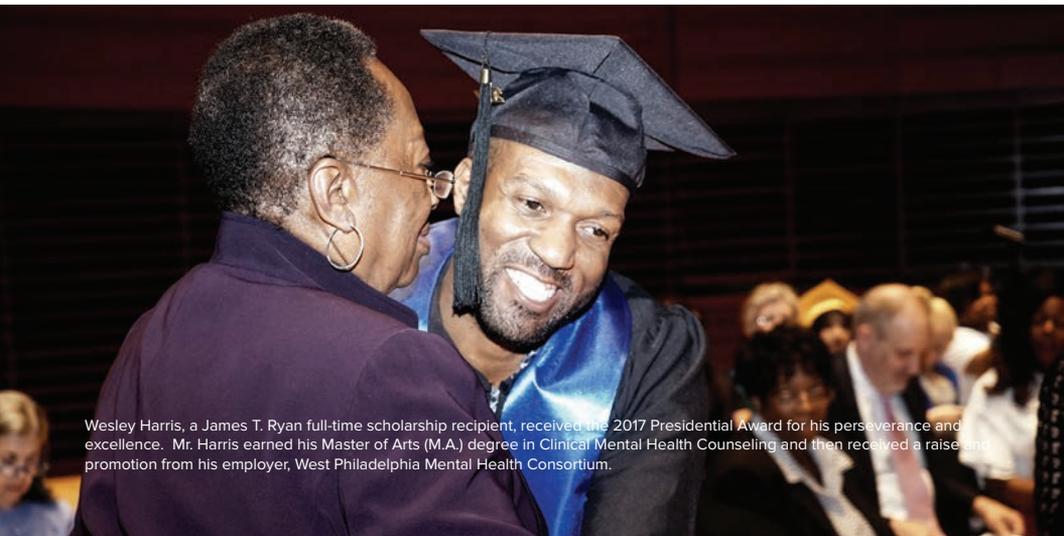
Benefits are prorated for part-time employees. Please refer to the Training Fund's *Summary Plan Description (SPD)* or the website at www.1199ctraining.org/1199c-member-benefits for more information.

Breslin Learning Center Programs

Eligible healthcare workers may take advantage of continuing education programs offered at the Breslin Learning Center. There is a flexible schedule of professional development, basic education, college preparatory, and career pathway programs. Other technical, computer, and collegiate classes are available to members covered by the Training Fund benefit and to others on a tuition basis.

Breslin Center Hours of Operation

Mondays – Thursdays	8 AM – 8 PM
Fridays	8 AM – 5 PM
Saturdays	9 AM – 3 PM



Wesley Harris, a James T. Ryan full-time scholarship recipient, received the 2017 Presidential Award for his perseverance and excellence. Mr. Harris earned his Master of Arts (M.A.) degree in Clinical Mental Health Counseling and then received a raise and promotion from his employer, West Philadelphia Mental Health Consortium.



Tuition Assistance

Workers covered by the Training Fund benefit are entitled to tuition reimbursement after six months of employment – as defined by the Training Fund *Summary Plan Description (SPD)*. Full-time members may receive up to \$5,000 per year for approved college and vocational courses, workshops, and seminars. The benefit is pro-rated for part-time workers. Members must apply at least three weeks before the start of class. Applications are available at www.1199ctraining.org/docs/tuition_reimbursement.pdf.

James T. Ryan Scholarship & Stipend Programs

Workers covered by the Training Fund's are eligible for this benefit after one year of full-time employment – as defined by the Training Fund's *Summary Plan Description (SPD)*. The benefit includes a book and uniform allowance, continued health and pension benefits for eligible members, a cost-of-living stipend and tuition up to \$10,000 per year of study in fields related to healthcare. The Training Fund supports study for up to two years. Workers interested in applying must apply prior to March 1st of the academic year in which the scholarship would begin and must attend a mandatory information session.

Applications are available at www.1199ctraining.org/scholarship.



Career Coaching

District 1199C members are eligible for one-on-one appointments with a Career Coach to discuss a variety of healthcare career paths and the necessary educational and certification requirements.

Job Placement Services

Individualized help for members who are seeking job advancement or who have suffered a job loss with support in resume preparation, interview coaching, online job search resources, and employment referrals.

High School Equivalency (HSE) Testing Center

Members interested in obtaining a high school equivalency diploma – either the GED® or the HiSET® - can test at our Testing Center. For more information go to www.1199ctraining.org/testing.

myPLACE

myPlace is an Office of Adult Education (OAE) funded one-stop for adults who need education and career preparation services. Students can enroll in high school equivalency (GED® or HiSET®) or English as a Second Language (ESL) classes in their neighborhoods, at the Breslin Learning Center, or online. They also receive personal support from a learning coach and tutor as well as gain basic computer skills. For more information go to www.1199ctraining.org/get-started.

Financial Opportunity Center

For members who need income support assistance, financial education counseling, tax preparation, access to public benefits, or career coaching, the Training Fund's Financial Opportunity Center is now available. For more information, see page 28.

myPATH - Career Exploration Workshops

If you are uncertain about your next career move, myPATH workshops will help you explore a variety of high demand careers, including employment in the growing health-care industry, and provide you with information on how the Training Fund can assist you. For the most updated list of classes and to register for a workshop, please go to www.1199ctraining.org

CAREER PLANNING WORKSHOPS

- Developing a Career and Educational Plan
- Resume Writing and Interviewing Techniques
- Building a Professional Network

PERSONAL & PROFESSIONAL DEVELOPMENT

- Effective Communications & Leadership Essentials
- Business Plan Writing
- Financial Planning

CPR and First Aid classes are available throughout the year. Contact Jim Keller at jkeller@1199ctraining.org for information on the schedule or to register.



Foundation Programs

Foundation Courses

Students receive a rigorous basic skills review in reading, writing, and mathematics designed to help prepare them for post-secondary education or job opportunities.

Fast-Track High School Equivalency (HSE) Diploma

Students are provided the foundational knowledge to refresh high school academics and to pass the GED® or the HiSET®. The High School Equivalency (HSE) Diploma Fast-Track class is an intensive and accelerated program.

Tutoring

This small-group class offers instruction for individuals who desire a semi-private setting to improve their reading levels. For immigrant students looking to improve their spoken English skills, we also offer individualized conversational coaching.

English as a Second Language (ESL) or English Language Civic (EL/Civics)

These programs are designed for immigrants who lack English proficiency and want to improve their reading, writing, and speaking skills in preparation for employment, for health occupation training programs, or for taking the citizenship examination.

NEW Integrated Education & Training (IET) ESL Home Health Aide Program

The IET ESL Home Health Aide (HHA) Certificate Program provides ESL students with the opportunity to earn a credential while improving their English reading and writing, civics as well as their mathematics skills. Students will be supported in obtaining employment as a Home Health Aide and supported in planning their next career pathway move.





Pre-College Preparation Programs

Bridge Programs

For highly motivated students this intensive course provides the necessary academic foundation in mathematics, reading, writing, and science to successfully enter college and pursue a healthcare career.

Pre-College Writing/Pre-College Algebra

These classes provide college level writing and algebra instruction to help students upgrade their skills and prepare for college level study. For more information on our Collegiate Relationships, see page 29.

Pre-Allied Health/Pre-Nursing

These part-time classes in English, mathematics, and science help students upgrade their skills and gain the proficiency necessary to succeed in nursing, allied health technical training, and college degree programs.

Career Awareness Programs

myPATH - Career Exploration Program

myPATH provides detailed career awareness and exploration programming for students in the College and Career Readiness program. If you are uncertain about your next career move, myPATH workshops will help you to explore the variety of high demand careers, including employment in the growing healthcare industry, and provide you with information on how the Training Fund can assist you.

Contact Jim Keller at jkeller@11999ctraining.org and request a one-on-one meeting with a trained career coach or to participate in a myPATH career exploration workshop.



Credential	Career Pathway	Page
Associate Lab Animal Technician (ALAT)	Allied Health	19
Lab Animal Technician (LAT)	Allied Health	19
Pharmacy Technician Certificate	Allied Health	19
Telemetry Certificate	Allied Health	19
Behavioral Health Technical Certificate	Behavioral Health Human Services	20
Behavioral Health College Certificate	Behavioral Health Human Services	20
Associate's Degree in Health & Human Services	Behavioral Health Human Services	20
Community Health Worker	Community Healthcare	21
Child Development Associate (CDA)	Early Childhood Education	26
Certified Coding Associate	Health Information	18
Digital Patient Record Certification	Health Information	18
Licensed Practical Nurse (LPN)	Nursing	15
Nurse Aide	Nursing	15
Home Health Aide	Nursing	15
CPR and First Aid Certificate	Nursing	9
ServSafe - National Restaurant Association Credential	Safety	22

NEW – U.S. Department of Labor Apprenticeship Certifications

- Advanced Home Care
- Community Health Worker
- Early Childhood Education Teacher
- Direct Support Professional
- Medical Assistant
- Nurse Aide



Nursing Programs

Health Technology & Training Institute (HTTI) Practical Nursing Program

The Practical Nursing Program is designed for working adults. It is a 22-month postsecondary program offering part-time evening and weekend classes that prepare graduates to sit for the National Council Licensure Examination for Practical Nursing (NCLEX-PN).

Upcoming

The next Practical Nursing classes begin

- November 2017
- June 2018

Admission Requirements:

- High School Diploma or equivalency
Passing score on the Test of Essential Academic Skills (TEAS)
- References
- Official High School Transcript
- CPR Certification
- Background and Health Clearances
- Satisfactory Interview

Mandatory Information sessions run through April 2018

Health Technology & Training Institute (HTTI) Nurse Aide Program

Nurse Aides provide basic patient care under the direction of the nursing staff. This 152-hour AM or PM training program provides classroom instruction, laboratory experience, clinical training, and CPR certification. Nurse Aide graduates are eligible to take the American Red Cross state competency examination and to be placed on the Pennsylvania Nurse Aide Registry.

Accelerated Nurse Aide Program

The Training Fund has developed a short term Nurse Aide program specifically designed for District 1199C members. Please register at www.1199craiding.org/practical-nursing

NEW Integrated Education & Training (IET) ESL Home Health Aide Program

The IET ESL Home Health Aide (HHA) Certificate Program provides ESL students with the opportunity to earn a credential while improving their English reading, and writing, civics, as well as their mathematics skills. Students will be supported in obtaining employment as a Home Health Aide and supported in planning their next career pathway move.



Crystal Primus, a District 1199C member, works at Children's Hospital of Philadelphia and is a student in the HTTI Practical Nursing program.

Young Adult Nurse Aide Training Program

This full-time program provides academic enrichment along with Nurse Aide training for 17 to 24 year old students who have with a high school diploma or equivalent. See page 32 for more information.

Home Health Aide Program

Home Health Aides provide routine individualized care at the patient's home or in a care facility. This is an 88-hour part-time certificate program that prepares graduates for employment in the growing home care industry.

AA

Apprenticeship Advantage

NURSE AIDE (NA) AND ADVANCED HOME CARE

With our partners at SEIU, AFSCME, Pennsylvania's Centers for Independent Living (CILS), and the disability rights community, we are pioneering new training models to build the skills of the frontline direct care workers who help thousands of Pennsylvanians live independently in their own homes.



Health Information Programs

Electronic Health Records Certificate Program (EHRC)

This part-time, 40-week program provides instruction on the electronic health record, strong computer proficiency, and a credential – the Digital Patient Record Certification. It also includes up to seven computer certifications as part of the International Computer Driving License program. EHRC is helpful for those in record-oriented positions such as Unit Clerks as well as other positions such as Dietary and Nurse Aide. It can also help workers move into the health information field and prepare for higher level Health Information education and jobs such as Coding.

Courses Include:

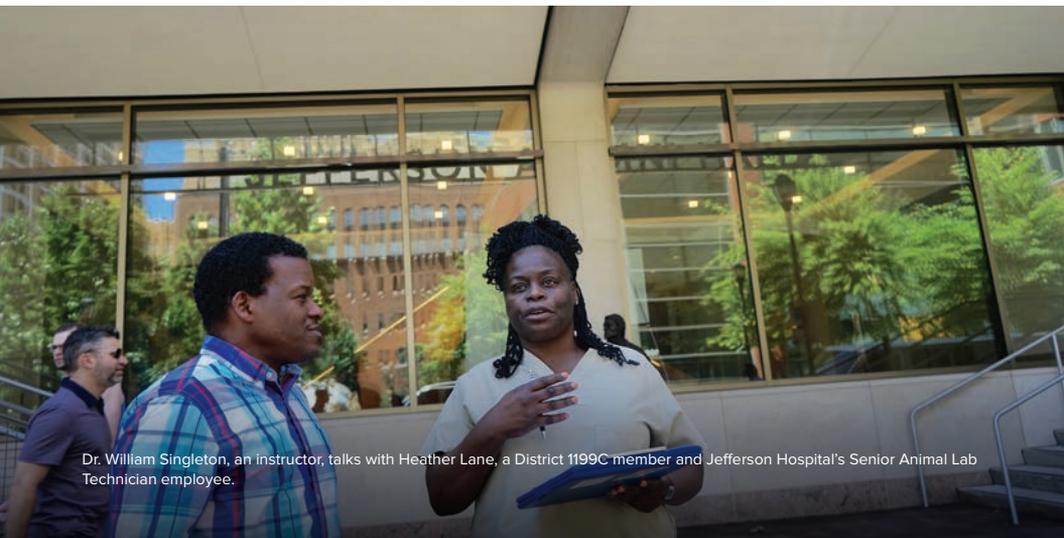
- Communications and Customer Service
- Introduction to Medical Terminology
- Introduction to Health information/Informatics
- International Computer Driving License (ICDL)
- Medical Insurance – Basics of Plans, Claims and Reimbursement
- Business Writing

Medical Coding Certificate Program

This part-time program will prepare students to take the American Health Information Management Association (AHIMA) Certified Coding Associate examination. The course offers both theory and real-world instruction.

Prerequisites:

- Completion of English 101 (or ability to take a college level placement test and be placed in English 101).



Dr. William Singleton, an instructor, talks with Heather Lane, a District 1199C member and Jefferson Hospital's Senior Animal Lab Technician employee.

Allied Health Programs

Pharmacy Technician Program*

This part-time course prepares students to assist the pharmacist in filling prescriptions in a variety of settings including hospital, community, home infusion, and mail order pharmacies. This 4-month course includes 54 hours of classroom instruction, and 200 hours of clinical experience; and it prepares students for the pharmacy technician certification examination.

Telemetry Technician Program

This 3-month course includes 60 hours of classroom instruction and 24 hours of clinical experience, providing students with basic theory and knowledge of cardiac rhythms. Students develop the skills necessary to analyze and interpret normal and abnormal cardiac rhythms in a clinical telemetry setting.

** Note: These courses require a 48-hour academic refresher component.*

Laboratory Animal Technician Program

This 14-hour training and certification program is conducted for employees who work with laboratory animals. Participants qualify for the American Association of Laboratory Animal Science (AALAS) Certification. This course prepares students for testing on two levels of certification:

- ALAT (Associate Lab Animal Technician)
- LAT (Lab Animal Technician)

Radiology Board Review Courses

These review courses can be arranged for technologists who are planning to take an advanced certification examination in the following areas:

- Mammography
- Computer Tomography
- Vascular Technology
- Ultrasound



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Apprenticeship Advantage

MEDICAL ASSISTANT (MA)

This innovative in-school program enrolls Career & Technical Education students at Sayre High School, leading to their MA certification, and offers them post-graduation employment and on-the-job learning at Sayre Health Center.



Business — Labor and Unions

Philly couple's journey to shows the power of apprenticeships

Updated: JUNE 2, 2017 — 5:57 AM EDT



Judy Dotzman, Executive Director of SPIN, views apprenticeship as a new opportunity to address the long-term workforce crisis in behavioral health and human services fields... "we're always looking for opportunities to enhance our workforce and are very impressed with this first group" of (Direct Support Professional) apprenticeship candidates at the Training Fund.

--Jobs For the Future's The Promise of Apprenticeships for Opportunity Youth

District 1199C Training Fund Executive Director Cheryl Feldman recognized at 2017 Social Innovation Awards



In the field of workforce development, apprenticeship programs are trending because they marry employer-paid on-the-job experience with classroom instruction. They are also in favor because unlike some failed training programs that deplete workers' time and spirits by training them for nonexistent jobs, apprenticeships require employer participation.

--Philadelphia Inquirer

Jun. 23, 2017 9:24 am

Apprenticeships aren't just for the building trades anymore

Cheryl Feldman, executive director of the District 1199C Training and Upgrading Fund, explains how apprenticeships can be a boon for the healthcare industry.

Since its start in 1974, the District 1199C Training Fund has always pushed to connect low-income residents to career pathways in healthcare and human services. However, training programs historically have not been tied to a guaranteed job for the participant upon completion. Apprenticeships have flipped this traditional training model. Instead, participants first have a job and then they train to the specifications of the employer.

--GrowPA

By Cheryl Feldman / GUEST





Training Fund staffer Angelica Velasquez counsels students in the Direct Support Professional (DSP) Pre-Apprenticeship Program.

Behavioral Health & Human Services Programs

Behavioral Health Technician Diploma Program

An 8-month, part-time certificate program that prepares current healthcare workers to work in behavioral health fields including mental health, developmental and intellectual disabilities, and drug and alcohol. Completion of this program also qualifies students to enter the Associate's Degree in Health and Human Services program at Thomas Jefferson (formerly Philadelphia) University and/or obtain college credits, which serve as an industry recognized credential.

Collegiate Partnership Program

The partnership with Thomas Jefferson (formerly Philadelphia) University which leads to advance credits, a Behavioral Health Certificate, and an Associate's Degree is a three-step program to help behavioral health workers move up the career ladder through collegiate study.

Step 1: Behavioral Health Technician Program (worth 21 credits awarded upon completion of one Thomas Jefferson University course)

Step 2: 30-Credit Collegiate Certificate from Thomas Jefferson University

Step 3: Associate's Degree from Thomas Jefferson University in Health and Human Services

Graduates of the Thomas Jefferson University Associate's Degree program are eligible to apply for admission to the Jefferson University's Bachelor of Arts degree in Behavioral Health.



Philadelphia FIGHT employed Pennsylvania's first graduates of the CHW Apprenticeship program – Grace O. Rutha (center) and Brenda Bowers (right). They are joined by Chief Strategy Officer Lorelei Narvaya.

Community Healthcare Programs

Community Health Worker Program

This 150-hour program prepares students to work as community-based healthcare workers providing services and support to enhance the physical health of patients suffering from chronic illness. Once trained, they motivate clients to engage in activities that will promote their physical well-being. Graduates are employed in physician practices, health systems and community-based health centers.

Medical Coding Certificate Program

This part-time program will prepare students to take the American Health Information Management Association (AHIMA) Certified Coding Associate examination. The course offers both theory and real-world instruction.

Pre-requisites:

- High School Diploma or equivalency
- Completion of English 101 (or ability to take a college level placement test and be placed in English 101)
- Computer proficiency at an introductory college course level

Nursing Programs

Nurses at all levels, including Home Health Aides and Practical Nurses, will be called upon to work with home-bound patients to help prevent hospital readmissions.

For more information, see page 14.

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Apprenticeship Advantage

COMMUNITY HEALTH WORKER (CHW)

Philadelphia Fight's CHWs learn on-the-job to work with, care for and support FIGHT's patient population.



Safety Programs

Healthcare Occupational Safety Center

The Healthcare Occupational Safety Center provides free occupational safety research, recommendations and informational resources to union members, healthcare workers, safety committees and employer partners. It offers recommendations about best safety practices, policies and procedures to minimize workplace hazards in healthcare.

For more information contact Ellie Barbarash at ebarbarash@1199ctraining.org





Safety Programs

NEW Safety Audits

The Healthcare Occupational Safety Center can perform facility safety walkthroughs to identify and write up hazards and recommendations for employer partners who are part of the Training Fund.

Health Workers Working Healthy (HWWH)*

Patient safety begins with worker safety. HWWH, an OSHA-funded occupational safety and training initiative, is especially geared to frontline healthcare workers and supervisors. Through a series of occupational safety leadership training programs, healthcare workers will learn to protect themselves from biological, physical and chemical hazards on the job. Trainees learn about OSHA rights and how to advocate for a safer work environment in all aspects of healthcare.

Healthcare Occupational Safety Center Workshops (Most popular courses)	
Infection Control and Bloodborne Pathogen Safety	Root Cause Analysis and Accident Investigation
Bloodborne Pathogen and Needle Stick Safety	Safe Patient Lifting
Ergonomics	Job Hazard Analysis Skills
Chemical Safety and Hazard Communication	Presentation Skills for Peer Trainers
Workplace Violence Prevention	How To Use Your Safety Rights

NEW OSHA 10 Class

The Training Fund's Healthcare Occupational Safety Center will be offering the certifying OSHA 10 class to District 1199C members.

**This program is funded by the U.S. Department of Labor (DOL) OSHA office under a Susan Harwood Training Grant.*

Safety Programs

Environmental Safety

Temple Hospital Environmental Services (EVS) Training

Eligible Temple Hospital District 1199C members will have the opportunity to participate in a voluntary 20-hour EVS Training Program including on-the-job skills and safe work procedures. Upon successful completion, the Temple member is eligible to apply for full-time employment in the Temple Hospital EVS department (job requirement of one year of EVS work experience will be waived).

Food Safety

***ServSafe* – National Restaurant Association**

This 17-hour course prepares students to properly receive, prepare, hold, and serve food following strict sanitation guidelines. It also prepares students to take the *ServSafe* examination from the National Restaurant Association which is a nationally recognized certification and is valid for five years.



Philadelphia Mayor Jim Kenney, pictured here with President Henry Nicholas and Executive Director Cheryl Feldman, is an ardent supporter of PHL Pre-K.

Early Childhood Education Programs

Child Development Associate*

This part-time program is available to working childcare providers. They can enroll in this 120-hour program that prepares graduates to apply for the Child Development Associate (CDA) certification. Bilingual CDA classes for Spanish speakers are offered in North Philadelphia.

Family Child Care Provider Professional Development*

Family Child Care providers are eligible to participate in a comprehensive series of workshops which will help develop their professional capabilities.

NEW Family Child Care Quality Pre-K Hub

Working with PHL Pre-K, the City of Philadelphia's quality pre-school initiative, the Training Fund has created a hub of Family Child Care (FCC) providers. Through the Training Fund, the FCC providers receive professional development and technical assistance to support the delivery of quality early education services.

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Apprenticeship Advantage

EARLY CHILDHOOD EDUCATION TEACHER

As the City of Philadelphia works towards universal Pre-K enrollment, we are working with the Community College of Philadelphia and other non-profit partners to increase the supply of qualified teachers through this accelerated Associates' Degree program that awards credit for experience and on-the-job learning.

Herschel Crosswell is in the Early Childhood Education Teacher apprenticeship and once he has completed his Associate's Degree from Community College of Philadelphia he will be eligible to be employed as a Lead Instructor.



Collegiate Program

Qualified Child Development Associate (CDA) graduates may be eligible to receive nine credits upon matriculation to Community College of Philadelphia.

**These programs are available to eligible childcare providers in partnership with the Southeast Regional Key. There may be some additional charges to cover program and certification related costs.*



Bridges to Career Opportunities (BCO) Program

Funded by the Local Initiative Support Corporation (LISC), the Financial Opportunities Center (FOC) at the Training Fund employs a full-time employment coach and a full-time career coach to provide students with one-on-one coaching and income supports through the Bridges to Career Opportunities (BCO) program. BCO students receive occupational training, assistance with finding employment or career advancement as well as training on how to increase income, build or repair credit, and reduce debt. A variety of financial workshops are offered including credit, wealth, banking, and insurance. Career workshops include resume and cover letter writing, continuing education, and mock interviews.

Financial Education & Counseling

The Financial Fitness Program is a money management workshop series conducted in partnership with Citizens Bank. The series provides students an introduction to topics including: Budgeting; Credit & Debt; Life Insurance & Estate Planning; and Saving, Investing, Retirement & Taxes. On site individual and confidential financial counseling is available for members and students by appointment. Several financial planning conferences are held throughout the year. Members can also organize a financial education workshop at the worksite.

The Benefit Bank

In partnership with the Training Fund, the Benefit Bank helps to remove obstacles and bring people closer to stability and closer to self-sufficiency. The Benefit Bank is a web-based service that simplifies and centralizes the process of applying for many state and federal benefits for low- and moderate-income individuals and families. Through its eligibility screening tool, The Benefit Bank can ensure that people are fully aware of the benefits to which they are entitled and, as an expert system, it helps maximize the benefits and tax refunds they can secure. The “one-stop-shop” concept of The Benefit Bank reduces the amount of time needed to apply for benefits. The Benefit Bank is a free service for Training Fund students. The services offered for assistance include FASFA, Taxes, Home Rebate, LIHEAP, SNAP, Medical & Cash Assistance, Prescriptions and Voter’s Registration.

Career Wardrobe

In partnership with the Training Fund Vita, the Career Wardrobe’s goal is to help women who are transitioning back into the workforce gain confidence by providing them with professional dress attire. Appointments for training /professional attire, interview/job search attire or employment attire are made through the student’s Program Coordinator or Career Coach.

Volunteer Income Tax Assistance (VITA)

In partnership with Training Fund, VITA facilitates increased financial stability and asset accumulation for 1199C families & students by connecting them to valuable tax credits, quality financial services, savings options, wealth building resources and public benefits. Our tax site offers e-file & paper return (federal & state), direct deposit, FAFSA (Free Application for Federal Student Aid) and public benefits applications and access to fairly-priced financial products. This service allows families to maximize federal and state tax credits during each tax season, including the Earned Income Tax Credit (EITC).



Behavioral Health (Public Health)	Restorative Aide	Physical Therapy Aide	Physical Therapy Assistant	Physician Assistant
Health Information (Medical Coding)	Peer Support Specialist	Behavioral Health Tech	Counselor	Health Information Management
	UHS Clerk	Medical Billing Clerk	Medical Center	Health Information

Source: Adapted by District 1199C Training & Upgrading Fund using a model provided by the US Department of Education's Office of Technical and Adult Education (OTAE) and US Department of Labor (DOL)

Community College of Philadelphia

Qualified Child Development Associates (CDA) who graduate from our program may be eligible to receive nine credits upon matriculation to Community College of Philadelphia.

Peirce College

Members and their families will receive a 25 percent discount on all Peirce College classes at every educational level.

Thomas Jefferson University (formerly Philadelphia University)

Thomas Jefferson University offers the Behavioral Health Certificate and Associate Degree in Health and Human Services. Graduates of the Jefferson University's Associate's Degree program are eligible to apply for admission to the Jefferson University's Bachelor of Arts degree in Behavioral Health.

Temple University

The Training Fund collaborates with Temple University's Center for Social Policy and Community Development in offering the Community Health Worker Program, which qualifies for three credits in the Bachelor's Degree in Social Work Program of Temple University.



Community Health Worker Training

This 120-hour program prepares students to work as community-based health-care workers providing services and support to enhance the physical health of patients suffering from chronic illness. Health coaches undergo intensive training in a number of specialty areas, such as stress management, nutrition, relationship management and community resources. Once trained, they motivate clients to engage in activities that will promote their clients' physical well-being. Graduates are employed in physician practices and community-based health centers.

Bridges to Career Opportunities (BCO) Program

Funded by the Local Initiative Support Corporation (LISC), the Financial Opportunities Center (FOC) at the Training Fund employs a full-time employment coach and a full-time career coach to provide students with one-on-one coaching and income supports through the Bridges to Career Opportunities (BCO) program. BCO students receive occupational training, assistance with finding employment or career advancement as well as training on how to increase income, build or repair credit, and reduce debt. A variety of financial workshops are offered including credit, wealth, banking and insurance. Career workshops include resume and cover letter writing, continuing education, and mock interviews.

NEW Integrated Educational & Training (IET) ESL Home Health Aide Program

See page 10 for more information

NEW - Direct Support Professional (DSP) Pre-Apprenticeship & Apprenticeship Program

The Behavioral Health and Intellectual Disability Pre-Apprenticeship program is geared towards 18 to 24 year-old young adults who are interested in pursuing a career in the behavioral health field. It includes academic, professional skills, and behavioral health courses, EHRC certifications, and professional portfolio development. Pre-apprentices are eligible to move into a year-long apprenticeship which includes a full-time job and related courses resulting in 24 college credits.

COMING SOON - We plan to have Child Development Associate, Nurse Aide and Behavioral Health training programs for unemployed and low-income are available based on the availability of grant funds. There may be additional programs announced throughout the year. . Please check our website frequently for up-to-date opportunities.



Summer Health Career Exposure Program

Rising 8th grade students spend six weeks during the summer exploring the range of careers in healthcare and strengthening academic skills. Youth also work with Training Fund staff to assess options for high school. A highly interactive program, youth develop performances and presentations highlighting their learning for the community.

Summer Work Experience Program

Rising 12th graders spend 6 weeks working as paid interns at various worksites around the city. The Training Fund works with youth to place them in appropriate job placements and offer support and professional development over the course of the 6 weeks. College tours and college information sessions are an integral component of this program.

STEAM Scholars Diversity in Healthcare Pipeline

The Training Fund, in partnership with Philadelphia Academies Inc., the School District of Philadelphia and the Community College of Philadelphia, is intensively supporting 70 Roxborough High School students over the course of five years to support them in pursuing and succeeding in health-related postsecondary pathways. STEAM Scholars receive a variety of career exposure and college preparatory activities in addition to continued academic coaching and sustained mentorship. STEAM Scholars is sponsored through a grant from the U.S. Office of Minority Health and the Department of Health and Human Services.



Out of School Young Adult Programs

Nurse Aide Training Program

This full-time program provides academic enrichment along with Nurse Aide training for 17 to 24 year olds with a HS diploma or GED®. Students will experience a variety of learning opportunities, including classroom instruction, nursing skills laboratory experiences, academic enrichment, and a clinical experience in a long-term care facility. Students are also assisted in finding employment as Nurse Aides.

GED®-to-Health Careers Program

This intensive and highly successful full-time program is designed for students, 17 to 24 years old, who are preparing to take the GED® and need help with test-taking skills, study skills, and GED® content matter. Students are supported in transitioning to college and obtaining employment.

NEW - Direct Support Professional (DSP) Pre-Apprenticeship & Apprenticeship Program

The Behavioral Health and Intellectual Disability Pre-Apprenticeship program is geared towards 18 to 24 year-old young adults who are interested in pursuing a career in the behavioral health field. It includes academic, professional skills, and behavioral health courses, EHRC certifications, and professional portfolio development. Pre-apprentices are eligible to move into a year-long apprenticeship which includes a full-time job and related courses resulting in 24 college credits.

June 5, 2018

District 1199C Training & Upgrading Fund Annual Recognition and Graduation Ceremony

SPECIAL EVENTS

September 8, 2017 – Workplace Violence Prevention Conference

November 13 – 19, 2017 – National Apprenticeship Week

November 16, 2017 - Health Career Fair for High School Students

January 2018 – VITA Site Opening

February 2018 – Sharing Our Heritage

Information Sessions

Information sessions are regularly scheduled for many of our programs. Check our website – www.1199ctraining.org – for the latest dates and times.

- Allied Health Programs
- Apprenticeship Programs
- Behavioral Health Programs
- Electronic Health Record Certification
- HTTI Nurse Aide Programs
- HTTI Practical Nursing Program*
- James T. Ryan Scholarship & Stipend Program*
- Youth Programs

** Attendance is mandatory for those interested in applying.*

ABOUT US



Established in 1974, the District 1199C Training & Upgrading Fund's Thomas Breslin Learning Center is a one-stop resource for education and training, especially in healthcare. At the Center, we offer a comprehensive set of programs, services, and career development resources. We help students at all academic levels with career planning, college and post-secondary technical training preparation and basic skills overview. Our modern 35,000 square foot facility is housed on three floors and includes over twenty classrooms, four computer labs, auditorium space, and nursing laboratories. Conveniently located in Center City, Philadelphia, the Breslin Learning Center is easily accessible by public transportation. Working adults can choose among flexible part-time programs offered six days a week with morning, afternoon, and evening classes.

FIVE WAYS TO REACH US

Mail

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(215) 568-2220 (voice)
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Online

www.1199ctraining.org

In person

Monday – Thursday	8AM – 8PM
Friday	8AM – 5PM
Saturday	9AM – 3PM

DISTRICT 1199C
**Training &
Upgrading
Fund**

