District 1199C Training & Upgrading Fund

2015-16 Programs & Services for Eligible Members

www.1199ctraining.org
Gregory Welcome

For a decade Gregory Welcome, despite only having an 8th grade education, worked at a variety of union hospitals as a Nurse Aide. Then he decided to come to the Training Fund for his high school diploma and never stopped learning. Today he is working on his second Master’s degree and is currently a Community Integration Specialist with JFK Behavioral Health Center.

Kimberly Pham

When 17 year old Kimberly Pham first came to the Training Fund to get a GED®, she was steered to a new youth program called GED®-to-College. Pham blossomed earning her GED® and then an Associate’s degree from Eastern University. Today she is 23 and finishing her Bachelor’s degree in social work at Temple University while working with Philadelphia Academies. “The Training Fund is a place to go and to become the best version of yourself.”

Pictured on the cover: Xiaohuan Lyu, 2015 GED® graduate
Our Mission

The District 1199C Training & Upgrading Fund is a labor-management partnership dedicated to addressing the education and training needs for both healthcare and human services workers and Delaware Valley employers.
Message from the President

Fighting for good jobs is at the core of everything we do. You deserve a decent wage, good benefits, job security and healthy working conditions. But no matter how tirelessly we fight, you have to remember one thing. Good career opportunities are tied to your education.

Only about one of every five workers received any formal training in the past five years. We created the Training & Upgrading Fund so that members of District 1199C could always have training opportunities available. The Fund is your go-to place for the programs and services you need to grow your career.

I am especially excited about apprenticeships because as our healthcare jobs move out of the hospital and nursing homes and into the community, apprenticeships will provide the on-the-job learning opportunities to help you qualify for newly created positions in the new health delivery system.

To learn more or to get started call 215-568-2220 or visit www.1199ctraining.org

The Training Fund has over forty years of experience bringing high-quality career development services to members. Our goal has never changed - to give you the educational base to grow a strong career.

Jewel Daye (R) was a Mental Health Worker at North Philadelphia Health System. But after winning a full-paid scholarship from the Training Fund, she returned to LaSalle University, graduated with her BSN, obtained a new job, and almost doubled her salary.
Member Services

The Training Fund Benefits
If your employer contributes to the Training Fund and you are a full-time, regular employee, you are eligible to use tuition reimbursement or tuition subsidy to attend educational programs at:

- the Breslin Learning Center
- any of the 45 plus area colleges and universities
- any of the local vocation schools

Note that benefits are pro-rated for part-time employees. Please refer to the Training Fund Summary of Benefits or the website at www.1199ctraining.org/1199c-member-benefits.

Breslin Learning Center Programs
Eligible Training Fund members may take advantage of continuing education offered at the Breslin Learning Center. There is a flexible schedule of professional development, basic education, college preparatory, and credentialed career pathway programs, as well as other technical, computer, and collegiate classes. There are also many programs available to District 1199C members who are not covered by the Training Fund benefit.

Hours of Operation

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2015 Training Fund graduates prepare for The Kimmel Center ceremony.
Tuition Assistance
Workers covered by the Training Fund benefit are entitled to tuition reimbursement after six months of employment. Full-time members may receive up to $5,000 per year for approved college and vocational courses, workshops, and seminars. The benefit is pro-rated for part-time workers. Members must submit an application at least three weeks before the start of class. Applications are available at www.1199ctraining.org/docs/tuition_reimbursment.pdf.

James T. Ryan Scholarship & Stipend Programs
Workers covered by the Training Fund are eligible for this benefit after one year of full-time employment. The benefit includes a book and uniform allowance, continued health and pension benefits for eligible members, a cost of living stipend, and tuition up to $10,000 per year of study in fields related to healthcare. The Training Fund supports study for up to two years. Workers interested in applying must apply prior to March 1st of the year in which the scholarship would begin and must attend a mandatory information session. Applications are available at www.1199ctraining.org/scholarship.
Career Services

Career Coaching
District 1199C members are eligible for one-on-one appointments with a Career Coach to discuss a variety of healthcare career paths and the necessary educational and certification requirements.

Job Placement Services
We provide individualized help for members who have suffered a job loss with support in resume preparation, interview coaching, online job search resources, and employment referrals.

Academic Assessment Center
Members interested in an educational program must first attend an Academic Assessment session. You will receive information about our programs and an academic evaluation to determine your current skill level. To register for the computer-based academic evaluation go to: www.1199ctraining.org/get-started

RISE Program for the Parents and Guardians of Young Children
The W. K Kellogg Foundation has awarded the Training Fund a grant to help parents and guardians of young children (ages 0 – 8) return to school. See page 14 for more information.

myPLACE
myPLACE is a Mayor’s Commission on Literacy (MCOL) funded one-stop program for adults who need education and career preparation services. Students can enroll in GED® or English as a Second Language (ESL) classes in their neighborhoods, at the Breslin Learning Center, or online. They also receive personal support from a learning coach and tutor, as well as gain basic computer skills. For more information go to www.1199ctraining.org/get-started

Career Workshops
If you are uncertain about your next career move, these workshops will help you get started. They explore the variety of high demand healthcare careers and provide you with information on how the Training Fund can assist you. To register go to www.1199ctraining.org

CPR and First Aid classes are available throughout the year. Contact Jim Keller at jkeller@11999ctraining.org for information on the schedule or to register.
Every career must be built upon a firm academic foundation. We offer the courses to help you refresh your mathematics, reading, and writing as well as prepare for the GED®, post-secondary vocational, and college programs. To start go to www.1199ctraining.org/get-started

Foundation Programs

Intensive Academic Refresher
Students receive a rigorous basic skills review in reading, writing, and mathematics.

GED® or Fast-Track GED®
Students are provided the foundational knowledge to pass the GED® or to refresh high school academics. Fast-Track GED® is an intensive, accelerated GED® program.

Reading Improvement Class
This class offers small group instruction for members who desire a semi-private setting to improve their reading levels.

English as a Second Language (ESL) or English Language Civic (EL/Civics)
These programs are designed for immigrants who lack English proficiency and want to improve their reading, writing, and speaking skills in preparation for employment, for health occupation training programs, or for taking the citizenship examination.

Pre-College Preparation Programs

College Connect to Healthcare Careers
For highly motivated students this 48-hour intensive course provides the necessary academic foundation in mathematics, reading, writing, and science to successfully enter college and pursue a healthcare career.

Bridge Programs
These programs provide accelerated instruction to prepare students for admission into post-secondary education or training programs.

Pre College Writing/Pre-College Algebra
These classes provide college level writing and algebra instruction to help students upgrade their skills and prepare for college-level study. For more information on our Collegiate Relationships, see page 21.

Pre-Allied Health/Pre-Nursing
These part-time classes in English, mathematics, and science help students upgrade their skills and gain the proficiency necessary to succeed in nursing, allied health technical training, and college degree programs.
Do you want more than just another job? A career pathway is a carefully designed sequence of academic courses, industry-recognized credentials, and career coaching services to enable a student to enter and advance in a particular occupational sector.

For more information
Contact Jim Keller at jkeller@1199ctraining.org and request a one-on-one meeting with a trained career coach.
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Nursing Programs

Practical Nursing Program
The Practical Nursing Program is designed for working adults. It is a 20 to 22-month postsecondary program offering part-time evening and weekend classes that prepare graduates to sit for the National Council Licensure Examination for Practical Nursing (NCLEX-PN). Practical nurses utilize their knowledge and skills to provide care in a variety of settings.

Nurse Aide Program
Nurse Aides provide basic patient care under the direction of the nursing staff. This 152-hour AM or PM training program provides classroom instruction, laboratory experience, clinical training, and CPR certification. Nurse Aide graduates are eligible to take the American Red Cross state competency examination and to be placed on the Pennsylvania Nurse Aide Registry.

Inglis House HR Director and Training Fund Board Co-chair Cheryl Whitfield (l) with LPN Charge Nurse Georgia Dunbar discuss Georgia’s career goals. By attending the Practical Nursing Program, Dunbar moved from long-term unemployment into a rewarding nursing career.
Electronic Health Record Certificate Program (EHRC)
This part-time, 40-week program provides instruction on the electronic health record, strong computer proficiency, and a credential – the Digital Patient Record Certification. It also includes up to seven computer certifications as part of the International Computer Driver’s License program. EHRC is helpful for those in record-oriented positions such as Unit Clerks, as well as other positions such as Dietary and Nurse Aide. It can also help workers move into the health information field and prepare for higher level Health Information education and jobs such as Coding.

Courses Include:
- Communications and Customer Service
- Introduction to Medical Terminology
- Introduction to Health Information/Informatics (includes DPRC)
- International Computer Driving License (ICDL)
- Medical Insurance – Basics of Plans, Claims, and Reimbursement
- Business Writing

Medical Coding Certificate Program
This part-time program will prepare students to take the American Health Information Management Association (AHIMA) Certified Coding Associate examination. The course offers both theory and real-world instruction, and is offered in partnership with Camden County College at the Training Fund’s Breslin Learning Center. Instruction is offered primarily online, along with some class meetings. The program includes a 90-hour worksite or virtual coding internship, as well as job placement assistance if desired. Students earn 39 college credits that are articulated with Camden County College’s Associate’s degree in Health Information.

Prerequisites: Completion of English 101 (or ability to take a college level placement test and be placed in English 101)
Allied Health Programs

Pharmacy Technician Program
This part-time course prepares students to assist the pharmacist in filling prescriptions in a variety of settings including hospital, community, home infusion, and mail order pharmacies. This 4-month course includes 90 hours of classroom instruction, 200 hours of clinical experience, and preparation for the pharmacy technician certification examination.

Telemetry Technician Program
This 3-month course includes 60 hours of classroom instruction and 24 hours of clinical experience, providing students with basic theory and knowledge of cardiac rhythms. Students develop the skills necessary to analyze and interpret normal and abnormal cardiac rhythms in a clinical telemetry setting.

Lab Animal Technical Program
This 14-hour training and certification program is conducted for employees who work with laboratory animals. Participants qualify for the American Association of Laboratory Animal Science (AALAS) Certification. This course prepares students for testing on two levels of certification:

- ALAT (Associate Lab Animal Technician)
- LAT (Lab Animal Technician)

Radiology Board Review Courses
These review courses can be arranged for technologists who are planning to take an advanced certification examination in the following areas:

- Mammography
- Computer Tomography
- Vascular Technology
- Ultrasound

“It is always good to have another notch on your belt with different things that you can do,” said Elena McFarland. She completed the Training Fund’s Pharmacy Tech program. Now McFarland works as both an Environmental Service Worker and a Pharmacy Tech at Hahnemann Hospital.
Programming for Parents and Guardians of Young Children

Are you balancing the demands of a job and raising a family? The W. K. Kellogg Foundation has awarded the Training Fund a grant to provide support services to help parents and guardians of young children return to school. The goal is to make it easier for those raising children to attend school while employed and successfully advance in their careers.

Q. What support services are available?
The grant provides a variety of support which may include childcare subsidies, books and transportation funding, partial tuition as well as career counseling services, and help preparing resumes, job and higher education applications.

Q. Who’s Eligible?
This support is for the parents or guardians of young children (ages 0 – 8).

Q. What do you mean by limited opportunity?
The funds for this program are very limited so you must get in touch early if you are interested. For more information contact Jim Keller at jkeller@1199ctraining.org
Apprenticeship programs are coming to the Training Fund
Prepare yourself for the future

Q. What is an apprenticeship? Why is apprenticeship important?
Apprenticeships combine on-the-job learning with classroom instruction in an effort to increase your skill level and provide you with access to a career pathway. An apprenticeship is a way to earn a salary while learning the skills that qualify you for in-demand employment.

Q. What jobs are connected to apprenticeship programs?
Apprenticeships are available in over 500 occupations. We are partnering with employers to develop healthcare apprenticeships in the following growth occupations:

- Advance Home Health Aide
- Nursing Assistant
- Behavioral Health Technician
- Community Health Worker
- Medical Coding

Additional apprenticeship programs will be developed in partnership with employers.

Q. What can I do to prepare for the upcoming apprenticeship programs?
All of the apprenticeship programs that we offer have entry requirements that include strong academics and computer skills. Why not come to the Training Fund now to refresh your skills so that you will qualify for this special opportunity?

Q. How do I get started?
Your first step for refreshing your skills is to come to one of our agency assessments. For a list of times and dates or to register for the computer-based academic evaluation, go to www.1199ctraining.org/get-started.
Behavioral Health and Human Services Programs

**Behavioral Health Technician Diploma Program**
An 8-month, part-time certificate program that prepares current healthcare workers to work in behavioral health fields including mental health, developmental and intellectual disabilities, and drug and alcohol. Completion of this program also qualifies students to enter the Associate’s degree in Health and Human Services program at Philadelphia University.

**Collegiate Partnership Program**
The partnership with Philadelphia University which leads to advance credits, Behavioral Health Certificate, and Associate’s degree is a three-step program to help behavioral health workers move up the career ladder through collegiate study.

**Step 1:** Behavioral Health Technician Program *(worth 21 college credits awarded upon completion of one Philadelphia University course)*

**Step 2:** 30-Credit Collegiate Certificate from Philadelphia University

**Step 3:** Associate’s degree from Philadelphia University in Health and Human Services

Graduates of the Philadelphia University Associate’s degree program are eligible to apply for admission to the Philadelphia University Bachelor of Arts degree in Behavioral Health.

For more information contact Stephen Ridley at sriddy@1199ctraining.org

Once a welfare recipient, Denise Darcel Everett has used the Training Fund to help get her educational needs met – from the GED® to her BA in Health and Human Services from Philadelphia University. Currently she is a Direct Support Professional at TAIG. Everett said, “The Training Fund has helped me be successful as a person.”
As a result of changes in healthcare delivery, services are moving away from institutionalized settings and into the community. This means that there are increased demands for workers at all levels to provide residential services.

Community Health Worker Program
This 150-hour program prepares students to work as community-based healthcare workers providing services and support to enhance the physical health of patients suffering from chronic illness. Once trained, they motivate clients to engage in activities that will promote their physical well-being. Graduates are employed in physician practices, health systems and community-based health centers. Plans are underway to link the Community Health Worker program to college credits.

Medical Coding Certificate Program
This part-time program will prepare students to take the American Health Information Management Association (AHIMA) certified Coding Associate examination. The course offers both theory and real-world instruction and is offered in partnership with Camden County Community College at the Training Fund’s Breslin Learning Center. Instruction is offered in a traditional classroom setting and online. The program includes a 90-hour worksite or virtual coding internship as well as job placement assistance if desired. Students earn 39 college credits that are articulated with Camden County College’s Associate’s degree in Health Information.

Nursing Programs
Practical Nurses as well as Nurses Aides will be called upon to work with home-bound patients to help keep them from becoming so sick they must be readmitted to the hospital. For more information, see page 11.
Health Workers Working Healthy (HWWH)
Patient safety begins with worker safety. HWWH, an OSHA-funded occupational safety and training initiative, is especially geared to frontline healthcare workers. Through a series of safety leadership training programs, members will learn to advocate for a safe working environment for themselves, their co-workers, and their patients.

Peer Safety Program
This peer-to-peer safety training program encourages the development of a safety culture to protect workers on the job.

ServSafe – National Restaurant Association
This 16-hour course prepares students to take the ServSafe examination from the National Restaurant Association. Graduates qualify to receive a nationally recognized certification which is valid for five years.

Temple Hospital Environmental Services (EVS) Training
Eligible Temple Hospital District 1199C members will have the opportunity to participate in a volunatry EVS Training Program. Upon successful completion, the Temple member is eligible to be considered for employment in the Temple Hospital EVS department (the normal one year of EVS work experience will be waived).

Healthcare Occupational Safety Center Workshops (partial listing)

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Charlene Bizzell and Terri Merriweather completed the Temple University EVS Training Program and are now employed full-time with Temple’s EVS department.
Childcare and Early Education Programs

Child Development Associate*
This 120-hour part-time program is offered in partnership with the Southeast Regional Key and the Pennsylvania (PA) Keys (the state sponsored quality early learning system) to prepare working childcare providers with the requirements to apply for the Child Development Associate (CDA) credential. The Philadelphia site offers evening classes and the Delaware County site offers evening and Saturday classes.

Family Provider Professional Development*
A comprehensive series of professional development workshops and conferences in Philadelphia and Delaware County are offered to child care providers and relative neighbor providers in partnership with the Southeast Regional Key and Pennsylvania Keys. Registration is available through the PA Keys Professional Development registry at www.pakeysregistry.org/

Collegiate Programs
Qualified Child Development Associate (CDA) graduates may be eligible to receive six credits upon matriculation to Community College of Philadelphia.

*These programs are available to eligible childcare providers in partnership with the Southeast Regional Key. There may be some additional charges to cover program and certification related costs.
Financial Education & Counseling
The Financial Fitness program is a money management workshop series conducted in partnership with Citizens Bank. The series provides an introduction for students to topics including: Budgeting; Credit & Debt; Life Insurance & Estate Planning; and Saving, Investing, Retirement & Taxes. On-site individual and confidential financial counseling is available for members and students by appointment. Also, in addition to the Money Management Workshop Series provided to members, several financial planning conferences will be held throughout the year. Members can also organize a financial education workshop at the worksite.

The Benefit Bank
The Benefit Bank is a free service for Training Fund students and members, helping them remove obstacles and move closer to self-sufficiency by gaining access to social and supplemental services such as SNAP, LIHEAP, FAFSA (Free Application for Federal Student Aid), taxes, home rebate, medical & cash assistance, prescriptions, and voter’s registration.

Career Wardrobe
The goal is to provide female Training Fund students with professional attire, thus helping them gain confidence as they re-enter to the workforce. The Career Wardrobe also provides job-readiness training and job search assistance. Appointments for career wardrobe are made through the students’ Program Coordinator or Career Coach.

Volunteer Income Tax Assistance (VITA)
The Campaign for Working Families provides Training Fund members and students with free federal and state income tax preparation services. Our VITA site offers e-file & paper returns (federal & state), direct deposit, FAFSA (Free Application for Federal Student Aid) and public benefits applications and access to fairly priced financial products.

After taking a financial management class at the Training Fund, Temple University Hospital union member Johnnie Singleton felt comfortable buying a beautiful new home in Delaware.
Collegiate Relationships

Camden County College
Students on the Health Information Career Pathway can earn 39 college credits that are articulated with Camden County College’s Associate’s degree in Health Information.

Community College of Philadelphia
Qualified Child Development Associates (CDA) who graduate from our program may be eligible to receive six credits upon matriculation to Community College of Philadelphia. There is also the LPN-RN program, as well as dual enrollment programs for High School students.

Peirce College
Members and their families will receive a 25 percent discount on all Peirce College classes at every educational level.

Philadelphia University
Philadelphia University offers the Behavioral Health Certificate and Associate’s degree in Health and Human Service. Graduates of the Philadelphia University Associate’s degree program are eligible to apply for admission to the Philadelphia University Bachelor of Arts degree in Behavioral Health.

Temple University
The Training Fund collaborates with Temple University’s Center for Social Policy and Community Development to train low-income and unemployed residents in the health information professions, as well as the Community Health Worker training program.
Please check our website frequently for up-to-date opportunities. Programs for unemployed and underemployed area residents are available based on grant funds. There may be additional programs announced at the Training Fund throughout the year.

**Health Information Program**

The Training & Upgrading Fund has partnered with Temple University’s Center for Social Policy and Community Development to train low-income and unemployed residents in the Health Information professions. The project has been funded by the U.S. Department of Health and Human Services, Administration of Children and Families. Future programming is contingent upon federal funding.

**Community Health Worker Training**

This 150-hour program is offered in partnership with Temple University’s Center for Social Policy and Community Development. It prepares students to work as Community Health Workers (CHWs) providing services and support to enhance the physical health of chronically ill patients who often live in the same neighborhood as the CHW. This CHW training includes topics such as motivational interviewing, the U.S. healthcare system, medical insurance, teamwork, and community advocacy as well as stress management, nutrition, relationship management and community resources. Once trained, CHWs motivate clients to engage in activities that will promote their physical well-being. Graduates are employed in hospitals, physician practices, and community-based health centers. Temple University will award three college credits in the Bachelor of Social Work program for matriculated students.

**On-the-Job Training (OJT) for Nursing, Health Information, Data Analytics, and Community Health Workers**

The Training Fund has two H-1B grants from the U.S. Department of Labor to provide on-the-job training for RNs, LPNs, Coders, Medical Office professionals, Data Analysts, and Community Health Workers who are underemployed or unemployed. The program also includes coaching for participants and access to all Training Fund community benefits such as VITA tax preparation and financial counseling. The program provides tuition support to graduating LPN students who qualify for admission to the program, as well tuition for career advancement for other participants in OJT.
Patrick Brady, BSN, 2015 James T. Ryan Achievement Award recipient.
Our award-winning Youth Services department primarily works with young adults, ages 17-24, to help them connect their everyday lives and passions to their career dreams. This is an important step in motivating them to stay in school and giving them a vision that shows the payoff for their educational investment.

In School Youth Programs

**Summer Health Career Exploration Program**
Rising 8th grade students spend six weeks during the summer exploring the range of careers in healthcare and strengthening academic skills. Youth also work with the Training Fund staff to assess options for high school. A highly interactive program, youth develop performances and presentations to highlight their learning for the community.

**Summer Work Experience Program**
Rising 11th & 12th graders spend six weeks working as paid interns at various worksites around the city. The Training Fund works with youth to place them in appropriate job placements and offers support and professional development over the course of the six weeks. College tours and college information sessions are a strong component of this program.
Out Of School Youth Programs

**Nurse Aide & Home Health Aide Training Program**
This full-time program provides academic enrichment along with Nurse Aide training for 17 to 24 years olds with a high school diploma or GED®. Students will experience a variety of learning opportunities, including classroom instruction, nursing skills laboratory experiences, academic enrichment, and a clinical experience in a long-term care facility. Students are also assisted in finding employment as Nurse Aides or Home Health Aides.

**GED®-to-College Program**
This intensive and highly successful full-time program is designed for students, 17 to 24 years old, who are preparing to take the GED® and need help with test-taking skills, study skills, and GED® content matter. Students are supported in transitioning to college and obtaining employment.

*This program is funded by the U.S. Department of Labor and requires students to meet federal income eligibility guidelines.

Don’t Forget

Free Information Sessions

Information sessions are regularly scheduled for many of our programs. Check our website – www.1199ctraining.org – for the latest dates and times.

- Allied Health Programs
- Behavioral Health Programs
- Electronic Health Record Certification
- Nurse Aide Programs
- Practical Nursing Program*
- James T. Ryan Scholarship & Stipend Program*
- Youth & Young Adult Programs

*Attendance is mandatory for those interested in applying.
You have a job, but you want a career. We understand. But the real question facing you is whether you have the skills and credentials to take on more responsibility in the changing healthcare workplace. This is how you ensure your future as a healthcare worker.

The District 1199C Training & Upgrading Fund is a labor-management partnership. This means we have a relationship with healthcare employers throughout the region, and together we help you develop the skills and attain the credentials that employers most want.

We know what you have to learn today to benefit tomorrow. It’s called upskilling. Upskilling means providing you with the opportunities to train now, so that you will earn more over time because you have the skills and credentials that are in demand.

Ready to advance? We are here to assist you. Stop by, call or email us. I look forward to seeing you this year!

Cheryl Feldman
Executive Director

Jim Kenney (R), former District 1199C member, joining President Nicholas and Cheryl Feldman for a tour of the Training Fund.
About Us

Established in 1974, the District 1199C Training & Upgrading Fund’s Thomas Breslin Learning Center is a one-stop resource for education and training, especially in healthcare. At the Center, we offer a comprehensive set of programs, services, and career development resources. We help students at all academic levels with career planning, college and post-secondary technical training preparation and basic skills overview. Our modern 35,000 square foot facility is housed on three floors and includes over twenty classrooms, four computer labs, auditorium space and nursing laboratories. Conveniently located in Center City, Philadelphia, the Breslin Learning Center is easily accessible by public transportation. Working adults can choose among flexible part-time programs offered six days a week with morning, afternoon, and evening classes.

Stacy Faison, Practical Nursing graduate and Pat Copeland Award recipient.
FIVE WAYS TO REACH US

Mail
District 1199C Training & Upgrading Fund
100 South Broad Street
10th Floor
Philadelphia, PA 19110

Telephone & Fax
(215) 568-2220 (voice)
(215) 563-4683 (fax)

Online
www.1199ctraining.org

In person
Monday – Thursday 8AM – 8PM
Friday 8AM – 5PM
Saturday 9AM – 3PM